“To everything there is a season, a time for every purpose under heaven... a time to weep, and a time to laugh, a time to mourn, and a time to dance.” Ecclesiastes 3:1-5

How long has it been since you’ve had a good laugh? I mean a really good laugh that was so hard it made your sides ache? Recently I had the privilege of sitting down with some friends and just laughing and having a good time. When we parted we all left smiling—and we all left feeling better than when we arrived.

In the last 10 to 15 years, researchers have been given a lot of attention to the study of gelatology, the way laughter affects the human body, and have discovered that laughter is a natural stress reliever. It improves circulation and muscle tone, and it increases your heart rate and certain hormones and endorphins so that you feel better. Laughing usually leads to a brighter outlook on life and is good for the body and the soul.

Isn’t it interesting that science has validated what wise King Solomon told us thousands of years ago? In Proverbs 15:13 and 15 he wrote, “A merry heart makes a cheerful countenance...he that is of a merry heart hath a continual feast.” One of my professors in college used to say frequently, “Science is just now catching up with the Bible.” Isn’t that the truth!

If laughter is that good for you, shouldn’t you make it a point to do it? Pick up a Reader’s Digest magazine and read the humorous stories, or purchase a joke book that you can read from each day. Watch a funny movie, or read the comics in your local newspaper. Spend some time with a friend who has a good sense of humour. Make it a habit to share funny stories with your family from time to time. It may be hard to laugh when things aren’t going well, but in those very moments something light and humorous may be just what you need to pick up your spirits and help you handle your stress.

Solomon told us there is a time for everything, and certainly there is a time for laughter and rejoicing. My friend, take that time. Take just a few moments to find some bright spot to lift up your day. Take time to laugh.

Father, thank You for the wonderful gift of laughter. Let me never get so burdened down with care that I fail to see the moments of happiness peaking through the clouds from time to time. Refresh my body and mind with this marvellous gift.

By Ann Shorb

IMPORTANT DATES

OCTOBER
Thursday 15th
• Parents and Friends Meeting at 9.00am in the Staff Room
Friday 16th
• Staff/Council Dinner
Wednesday 21st
• RSVP for Girls’ Night
• Staff Appreciation Lunch provided by Class Carers
Friday 23rd
• Upper Primary Assembly held in the School Hall at 9.00am
• Girls’ Parent Session at 7.30pm in the School Hall

Monday 26th
• School Council Meeting

Wed 28th—Fri 30th
• Year Three/Four Camp

NOVEMBER
Monday 2nd
• Chapel in St John’s Lutheran Church at 9.00am with Pastor Joshua

Monday 2nd—Friday 6th
• SAPSASA Tennis/Cricket Carnival

Friday 6th
• Reception 1/2 day transition
Sunday 8th
• Eudunda Show

Monday 9th
• Chapel in St John’s Lutheran Church at 9.00am with Pastor Joshua

Wednesday 11th
• Remembrance Day
Thursday 12th
• Year Seven Exhibition
Friday 13th
• Faith Lutheran Challenge
• Reception 1/2 day transition
Monday 16th
• Faith transition
Friday 20th
• Reception transition

Submitted by Paula Skinner
Well here we are. It is now the beginning of our final term for 2015. What an adventure it has been. We have had new staff join us, new families become members of our community, whole school events, camps, excursions and so much more. It is also the time where we often look back over the year and reflect on the journey we have had, the challenges faced and overcome, the successes and growth of our children. It is amazing to now think that our Reception students have been with us for almost a whole school year and it is now only weeks away until our Year Seven students graduate. We still have camps, assemblies, exhibitions and excursions to see out this year with and also of course lots of inquiring, learning and investigating. It is exciting to think about what is ahead of us and I look forward to seeing what our students can achieve in the coming weeks. Let’s all have a fantastic term where we encourage resilience, promote effort and acknowledge persistence.

We welcome back Mr Ryan who has been on sick leave and we thank Mr Borgas for looking after the Year Five/Six class in his absence.

Classroom Allocations

Our 2016 class allocations are as follows:

- Reception/Year One
- Year Two
- Year Three/Four
- Year Five/Six
- Year Seven

If you have any queries or requests please contact me.

Uniforms

Summer uniform is now in place but students may wear either full Winter OR full Summer uniform during Week One and Week Two. From the start of Week Three, the students are then required to wear full Summer uniform. Please note that hats are to be worn when students participate in outdoor activities. Students without hats at recess or lunch time will be required to sit under the lunch shelter.

Please take note of the following uniform requirements:

Girls’ Summer Uniform Requirements (to be worn in Terms One and Four):

- Regulation blue check dress is to be worn with the length being between the knee and mid-calf.
From the Principal continued…..

- Short plain white socks are to be worn which can be pulled up or folded down with one fold only.
- Any brand of sandals may be worn providing they have a metal buckle or Velcro; they are to be chocolate brown; the heel is to be no higher than 3cm; the sole is not to be cork; they must have either a closed back or a strap behind the ankle. No reef/surf style permitted. Worn with or without socks.
- Black leather lace up shoes are to be worn that take a shine (no black sports styles permitted).

Boys’ Summer Uniform Requirements (to be worn in Terms One and Four):
- Grey Midford school shorts are to be worn together with mid-blue short sleeved JAK shirt.
- Grey long or short school socks must be worn.
- Any brand of sandals may be worn providing they have a metal buckle or Velcro; they are to be chocolate brown; the heel is to be no higher than 3cm; the sole is not to be cork; they must have either a closed back or a strap behind the ankle. No reef/surf style permitted. Worn with or without socks. May be worn with grey shorts only.
- Black leather lace up shoes are to be worn that take a shine (no black sports styles permitted).

Girls’ and Boys’ Sports Uniform Requirements:
- Short sleeved polo shirt with sport short are to be worn—navy with school logo.
- Plain white sport socks above ankle length are to be worn.
- Sneakers are to be predominantly white with white laces.
- Polo fleece ink navy with school logo windcheater may be worn.

Jumpers: Woollen or cotton blend, regulation V neck, dark royal blue with school logo

Hats: Bucket Hat with school logo

Sunglasses: Dark framed (optional) appropriate to the Sun Smart Policy

Hair:
- Hair should be neatly styled and kept clean.
- No student’s hair is to be shorter than 6mm (#2 clippers).
- Hair which is shoulder length and below MUST be tied back and kept out of the face.
- Plain navy blue hair ties, clips, combs, bands, ribbons or fabric scrunchies may be worn (Decorative and fashion items are not acceptable).
- Plain gold or silver clips, thin black elastic hair ties and bobbie pins are also acceptable.
- NO artificial hair colour should be evident.
Staff Spotlight

Jason Stewart ..... 

This term we will be profiling our school staff to help the members of our community learn a little about them.

My role/s here at St John’s:
Bus driver
Grounds maintenance
Property maintenance

What I am passionate about:
Camping/outdoors
Time with family
Volunteering for the CFS

Something unique about me:
I am allergic to most animals but not sheep!

A childhood memory:
Growing up in a funeral parlour and spending the holidays with my cousins at the funeral parlour.

Who I would love to invite to a dinner party and why:
Steve Lee (Country singer) as he has great songs that make me laugh.

My favourite children’s movie and why:
The Lion King when I was younger—I think I watched it over 30 times.
Now it would be the Lego Movie as it brings back really good memories of my Lego adventures.
This week’s PYP Attitude

Integrity …..

Integrity – being honest and demonstrating a considered sense of fairness

I show integrity when I play sport. I show it by umpiring fairly and not favouring a team. I also show integrity by following the Academic Honest Policy and signing it. Jack Mosey – Year Seven

I have been honest in my Where we are in place and time unit by not plagiarising any work from the resources I used. I have also shown integrity as I have not copied or cheated in my Maths. Sarah Morris – Year Seven

I have shown integrity in Peer Support. I have been fair by letting my partner take a lead and giving the group an equal go. I demonstrate integrity at home when playing board games and not cheating if I’m losing. I show integrity at school with class SRC meetings by being honest in giving my views and giving everyone a chance to talk. Nikki Grosser – Year Seven

This week I have shown integrity by playing bomball fairly and when I get out I go out. I have also shown integrity in the sports shed by not favouring people. Ella Anning – Year Seven

I show integrity when I work. I try to be as honest as I can. I never copy and paste work when I research something on the computer. I always change the wording. Ruby Schutz – Year Seven
From the

Care Coordinator…..

You are invited

Girls
Night Out

Mum’s walking alongside of their daughters

Come and celebrate the joys of parenting as we delve into the topic of ‘Girls’
Friday, 23rd October at 7.30pm at St John’s Lutheran School Hall

Guest Speaker - Anne Roennfeldt, Family Relationship Educator with Lutheran Community Care, Barossa is excited to join us for the evening.

* What we want for our girls
* Building self-esteem and confidence
* Friendship triumphs and tribulations
* The influence of the media, social/online and family
* The ups and downs of puberty

This is more than an parenting session - fun, friendship, food, fellowship and a chance to come together as mums.

Please RSVP by this Friday 16th October 2015 if you would like to attend.

I am very grateful for the generous contributions by the following local businesses towards the evening:

Hidden Treasures    Footeside Farm    AET Catering
Chemplus—Nuriootpa  Office National—Barossa  Avon
Barossa Country Biscuits One White Kite
Parents & Friends

News …..

Family Photo Day

A BIG thank you to those families who supported our family photo fundraiser in the holidays. It was a perfect warm Spring day on location at Footeside Farm. Many thanks to Renae our photographer and to Linda Pfitzner who assisted Renae on the day.

I’m sure all families are eagerly awaiting their photo packages. Please contact Renae on 0421 649 867 if you require further information on how to receive your photos.

Parents and Friends Meeting

The first meeting of the Parents and Friends for Term four will be held this Thursday 15th October at 9.00am. Numbers in attendance at these meetings in recent times have been considerably low. We encourage families to please consider showing an interest in attending these informal gatherings in support of your child’s school. It’s a great way to catch up and network with other families and have input into fundraising, helping at school events and enjoying the opportunities to attend some fun social outings.

Prayer and

Care …..

We pray for a productive last school term with lots of learning, fun and friendships.

We pray for families of pre-schoolers that are contemplating having their child/ren attend St John’s

Church Times

Sunday 18th October 2015…..

<table>
<thead>
<tr>
<th>EUDUNDA PARISH</th>
<th>ROBERTSTOWN PARISH</th>
<th>KAPUNDA PARISH</th>
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<tbody>
<tr>
<td>Eudunda 9.00am HC</td>
<td>Point Pass 8.30am LR</td>
<td>Bethel 9.00am PR</td>
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<tr>
<td>Peep Hill 10.30am HC</td>
<td>Robertstown 10.00am LR</td>
<td>Kapunda 10.30am LR</td>
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<td>Allen’s Creek 10.30am PR</td>
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The project has begun! - A drinking fountain to be installed in the Town Gardens. Workshops with artist Kate Jenkins will be held in the Eudunda Club on Tuesday afternoons 2pm-4pm and Sundays 1-3pm, from Sun Oct 11th for approximately 3 weeks.

ALL WELCOME - workshops are FREE - come along and learn how to mosaic and be part of a lovely community project.

Kapunda’s Mega Community Garage Sales
Over 70 locations!
Saturday 7th November 2015
From 8am — 4pm
- Watch out for the ‘mad hatters’ to collect your sale locations map.
- BBQ to get you started, from 8am in Main Street

A Fun Family Day Out
Find us just 30km north of Gawler

Eudunda Robertstown Cricket Club
Registration online is now open
Contact Tim Grosser 0458668629
Sessions commence on Thursday, 5th Nov at the Eudunda Oval 3.30pm

Visit PLAYCRICKET.COM.AU to find out more
ST JOHN’S LUTHERAN SCHOOL, EUDUNDA INC.

Community
News and Events continued…..

MAGNOLIA FAIR
FRIDAY 30TH OCTOBER 2015
4 pm - 9 pm

- Gourmet Food & Wine • Variety Stalls • Amusements • Entertainment • Silent Auction
- Live Music by ‘The Barking Ants’ • Principal’s Rare Wine Auction • Horse & Carriage Rides
- ‘Youth Stage’ with various Student Bands • Baby Farm Animals • Yalumba Nursery Fireworks - Grand Finale!

Major Sponsors:

Faith Lutheran College
Magnolia Road, Tanunda

The Leader
Yalumba Nursery Wines for the Times

47 Murray Street
Nuriootpa SA 5355
Tel: 85 624031
info@thevasive-nurieneast.org

www.facebook.com/thecottage.nurienest

20% OFF all Hillsong Music

Offer ends 31st October or until stock lasts out.

2016 Australian Christian Diary

“NOW AVAILABLE”

$10.00

BURRA & DISTRICT TENNIS ASSOCIATION
2015 JUNIOR TENNIS TOURNAMENT
ROUND ROBIN COMPETITION
SUNDAY 1st November 2015

(Please arrive at 8.30am, play will commence at 9am)

AT BURRA TENNIS COURTS

ALL ENTRIES TO BE LODGED WITH
Junior Co-ordinator:
Juliea Clark
PO Box 199
Burra SA 5417
Ph 88934050, Fax 88934110
0428622771
panetto@bigpond.com

Entries close Wed Oct 28 2015
BDTA President Travis Fahanum

Canteen facilities available

Please be Sun Smart

GOLD SPONSORS
Burra Fresh
Booborowie Seed
Royal Exchange Hotel
Clare Valley Toyota
Ray White Real Estate Clare Valley

SILVER SPONSORS
BP Burra Motor Co
JPG Accounting & Advising
Parks & Hardware
Burra Motor Services
Spalding General Store
AdSham
Tharmns Whitehart Garage

BRONZE SPONSORS
Booborowie Friendly Grocer
Pinks Mitre 10
Elders Burra
Burra Chemmart
Oppys IGA Burra

TOURNAMENT CONDITIONS
1. The committee has the right to determine the length of sets.
2. Players must be under the stipulated age as at 1-10-2015
3. Players may enter in a maximum of 2 events (1 singles and 1 doubles).
Parenting ideas insights

Building parent-school partnerships

WORDS Michael Grose

Developing your child’s social media scripts

It’s important to start conversations with children about using social media at a young age to prepare them to be savvy users when we’re not around.

“If a job’s worth doing, it’s worth doing well.”

This mantra always pops into mind whenever I’m about to cut some corners or do a rushed job in any endeavour. As a result I double-check every article I write for mistakes. I over prepare every talk I give. And I continually edit and re-edit my books. This message keeps me at the top of my game.

I can thank, or blame, my mother for inserting this mantra in my mind as she repeated it whenever I did a rushed job as a youngster making my bed, doing homework or cleaning up my bathroom mess.

Parents of every generation have always found ways to frame messages of safety and success for their children to remember. Parents of past generations who only had to contend with the offline or real world intuitively knew that they needed to teach child important lessons about safety and manners rather than assume they’ll be understood.

The same maxim holds true for the world of social media that children now inhabit from an increasingly young age. Even though our children are growing up with technology as a part of their every day lives, they will still make plenty of mistakes while using it. This means we need to have direct conversations with our kids about the comments and posts that are okay to make using social media of all forms.

As parents we teach our kids to talk politely and clearly so that they know how to speak to others when we’re not around. In effect, we give our kids social scripts to fall back on when they talk to friends, teachers and relatives. There’s no guarantee they’ll look an adult in the eye when they speak to them, but our discussions, reminders and lessons about manners will hopefully hold up when we’re not around. The same applies to social media. Our conversations and lessons will prepare them to be savvy users when we’re not around. Here are some ideas to get you started:

1 “Is this worth posting?”
   The relatively impersonal nature of social media means that we can post information and pictures with relative immunity. Also its immediacy means that we can do so without much thought. This means that kids need to be very critical about what they see online. ‘Is this accurate?’ and ‘Is this worth posting?’ are two valid questions children can ask when they read posts placed by others.

2 “Have you taken a big breath?”
   A child who blurts out everything that comes into his mind without thinking is sure to put plenty of people offside. ‘Think before you speak’ is the type of message that every child should have in mind.

more on page 2
SRC CALENDAR

Dear Parents and Caregivers

This term the SRC will be designing a coloured A4 school calendar to sell at the end of the year for $8.00. Photos taken throughout the year of different groups and classes will be used as the feature for each month of the calendar. The calendar will be a great Christmas gift to give your family and friends as well as promoting our school.

Unfortunately if your child was away when the photos were taken they may not be included in the calendar.

The calendar will be available before the end of the year. To ensure you don't miss out, please complete the order form and return with payment before Friday, 13th November 2015.

The calendar will feature the groups below:

- Mrs Kleinig’s / Mrs Hambour’s / Year 7’s
- Mr Ryan’s / Year 5/6
- Mrs Verco’s / Mrs Cluse’s / Year 3/4
- Miss Schutz’s / Year 1/2
- Mrs Denholm’s / Reception/Year 1
- Sports Day
- Pedal Prix Team
- Student-led Conferences
- Extended Play
- Swimming Carnival
- Excursions
- Concert
- Sports Day

As we have raised a significant amount of money for charity this year, the money raised from the calendars will go towards our School Hall Sound System.

Yours in Christ,

Nikki Grosser and Henry Kleinig

School Captains

Please return with payment to the school before Friday, 13th November, 2015

Name: ______________________________________________________________

Class Teacher: _____________________________________________________

I would like to order ______________ SRC Calendars at $8.00 each

Included is my payment of $____________________