A Recipe for Friendship

Friendships are wonderful gifts to our lives straight from God. Friends are one of the ways God takes care of us. We need all the things friendship entails from other human contact such as encouragement, companionship, love, honesty, loyalty, understanding, and so many more things friendship offers.

Our friendships with each other in Christ are like recipes of goodness for us. They bake up something special. You may have heard that saying, "In the cookies of life, friends are the chocolate chips." Friends are that sweet extra in life and even sweeter if friendship among believers in Christ.

**Shortening**—Provides texture. Our fellowship and friendship with each other in the Lord can add much depth and texture to our lives. We blend together in unity as part of the body of Christ.

**Sugar** - Adds sweetness. Our fellowship with our friends adds such a sweet taste to our lives. If we didn’t have sugar in our cookies, we’d sure miss it. The same is with our fellowship with our friends. We can't leave it out of our lives.

**Eggs** - Holds ingredients together. Friends in the Lord are someone to lean on. We are held together by fellowship with them. We are stronger because of them, their prayers, and their love in the Lord. We have a special bond in Christ.

**Vanilla** - Adds flavour. Friends add that flavour we need. They give us that extra sensation. Without friends and fellowship we become kind of bland.

**Flour** - Adds substance. We need the substance a sister in the Lord can add. They give us many things by way of mentoring us when we don’t even know it. Their shared testimonies and way they live their lives has an impact on us.

**Baking Soda** - Leavens. Leavening agents in baking helps to lighten the dough. Friendships in Christ lightens our burdens through their prayer and encouragement.

**Salt** - Enhances flavour. We know that friendships add flavour and just when we need it, they help improve the tastefulness and quality of our lives. Friends are the type of people that know just what we are going through and are there when we need them.

**Semi Sweet Chocolate Chips** - The kind of chocolate chips we normally add to our cookies is *semi sweet*. Our friends tell us what they feel and think and that’s okay. They can be honest and truthful to us.

**Nuts...Optional** - Just a little craziness in a friend is great! Sometimes a little zaniness in our friends can be just the ingredient we need.

I wonder if I’m the type of friend that I should be to others. Am I doing all those things that I should be doing, like lifting burdens, adding flavour, helping hold things together with my prayers, and all those other things? I hope I can improve in this area.

Submitted by Lynn Grosser
Care Coordinator
From the
Principal …..

“Share each other’s burdens, and in this way obey the law of Christ. If you think you are too important to help someone, you are only fooling yourself. You are not that important.” Galatians 6:2-3

I’m sure that many of you are facing challenges in your lives at the moment or you may know someone who is facing challenges in their lives. We all have stories to share and we all have ears to listen to each other. Empathy for others is not a skill that we all do well. It does take time to empathise with others. When we show empathy we emotionally invest in that person’s life by listening and understanding without judgement. Again this can be a challenge. As an IB school we explicitly engage students in being empathetic towards others. This means we are helping them to see and even feel what it may be like if they put themselves in someone else’s shoes. Let’s all continue to show empathy to each other by being patient, listening and not judge their situation. Being in a community that lives and breathes this is a pretty special place.

Upper Primary Assembly

The Year 5/6 and Year 7 Assembly will be held in the school hall this Friday, 23rd October at 9.00am. Pedal Prix certificates and acknowledgments will be handed out. This will be the final Assembly that the current Year 7 students will be leading, so be sure to come along.

Girls Night Out - Parent Session

Over 25 mums of our school community will come together this Friday evening at 7.30pm for the session led by Anne Roennfeldt of Lutheran Community Care. If anyone is still interested in attending, can they please speak to Lynn Grosser.

Summer Uniforms

Full summer uniform requirements take place as of Monday. Please note that hats are to be worn when students participate in outdoor activities. Students without hats at recess or lunch time will be required to sit under the lunch shelter. A reminder that summer dresses need to be at knee length.

SRC Calendars

Order forms were distributed last week. If you would like to order 2016 calendars, please return your order forms with payment to the front office by Friday, 13th November 2015.

Staff/Council Dinner

Last Friday evening school council, staff and partners enjoyed a meal and fellowship at the Barossa Brauhaus Hotel, Angaston. This was a wonderful evening and a chance to get to know each other outside of school.
SAPSASA Cricket

Congratulations to Angus Handke, Jack Mosey and Ethan Pfitzner who have been selected to represent the Barossa and Light in the SAPSASA State Cricket Championship. This is a week long carnival commencing on Monday 2nd November. We wish the boys the best of luck.

Uniform Shop Purchases and Payment

Please ensure payment of purchases from the Uniform Shop are made straight away as we will no longer be issuing accounts/invoices.

Have a blessed week

Paula Skinner

When: **On Friday 23rd October** our whole school will participate in celebrating this event by wearing an accessory over their school uniform that is red.

**October is the month for raising the profile, knowledge and understanding of the diagnosis of Dyslexia.**

What to wear: red broad brimmed hat, red scarf, red earrings or necklaces, red socks, red hair ties ribbons or clips, red bandana or red sunglasses or headband.

**School uniform is still expected to be worn on this day**

**Gold Coin Donation on the day** will go to DASLD our parent body that works hard to provide resources and support to all of our schools in our community.
Staff Spotlight

Lisa Pfitzner.....

This term we will be profiling our school staff to help the members of our community learn a little about them.

My role/s here at St John’s:
LSO in the Year One and Two Class

What I am passionate about:
Animals and cooking

Something unique about me:
I am an active Life Member of Meals on Wheels.
I worked on a paddle steamer for seven years.

A childhood memory:
Too many to mention!
Holidays to lake Bonney and Tumby Bay. Growing up on a farm always meant there was lots of rock lifting!

Who I would love to invite to a dinner party and why:
Actor Vince Vaughn. His quick witted humour would make for an interesting night with lots of laughs!

My favourite children’s movie and why:
Fantastic Mr Fox. I love how the animals outsmart the humans. The dancing at the end in the supermarket is priceless!

Prayer and Care ..... 

This term we pray for the Year Sevens and the staff and their families.
This week we pray for the following school staff and there families:
Paula Skinner - Coralee Hambour - Sue Denholm - Pastor Josh - Fiona Jones

Church Times

Sunday 25th October 2015.....

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<th>EUDUNDA PARISH</th>
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<th>KAPUNDA PARISH</th>
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This week’s PYP Attitude

Tolerance

Tolerance – being sensitive about differences and diversity in the world and being responsive to the needs of others.

In our words tolerance is:

Respecting other people and their ideas – Sophie Nietschke, year 5

Keeping calm when you think that someone is being annoying; you just don’t share your anger with them – Jourdon Jenke, year 6

Accepting something or someone for what they are – Olivia Schiller, year 6

I show tolerance:

When other students are trying to distract me. I just continue to do my work and help them – Ethan Pfitzner, year 6

With my little sister when she starts something and then changes her mind – Nick Brown, year 6

By tolerating my dog Mack when he gets too excited – Harrison Mosey, year 6
Mrs Denholm—Reception and Year One

Central Idea: All animals need to be cared for

Transdisciplinary Theme: Sharing the planet
Concepts: Form ~ Connection ~ Responsibility

Lines of Inquiry:
- Native animals and pets
- The difference between native animals and pets
- Ways of looking after animals

Approaches to Learning: Research Skills

Learner Profile Attributes: Knowledgeable ~ Inquirer

Attitudes: Respect and Commitment

This week the Reception and Year One students have a pet egg that they need to look after for the whole week. They need to keep their egg with them at all times when they are in class, carrying it in a secure ‘travel nest’ that they have made. Our Line of Inquiry is: ‘Ways of looking after animals’ and we are investigating how difficult it is to provide care and attention all the time. Students will also need to demonstrate the PYP attitudes Respect and Commitment to make sure their egg doesn’t meet an untimely (or eggly) end!
AGM INFORMATION

The Annual General Meeting of the Parents & Friends of St John’s Lutheran School will be held on Wednesday 18th November 2015 at 10.00am at Footeside Farm (see below for more information).

All Welcome - We look forward to seeing you there!

P&F Footeside Farm visit and AGM

Wednesday, 18th November
10am at Footeside Farm
RSVP by Monday, 16th November to Fi or Sonya in the front office

Morning tea $10 – tasting of quality native foods made with wattle seed, quongdong, bush tomato and salt Bush. Linda and Peter Hoffmann (previous parents of St John’s) will share of their products and answer any questions. Linda will wiz up some culinary treats such as wattle seed scones with quongdong jam and cream, wattle seed orange and walnut mini muffins, apricot and wattle seed fruit cake, lemon myrtle cookies or wattle seed choc chip cookies.

Footeside barn (air-conditioned) is used for meetings/conferences, gift shop, tastings, cooking demos and more.

For more information go to www.footesidefarm.com

We invite you to take an active role in your child’s schooling by supporting the happenings of the Parents and Friends of St John’s Lutheran School. There are many opportunities for you to become involved and we welcome all to attend our meetings. All events, whether a formal meeting through to catering at a function give the opportunity to mix and meet with other parents of the school. There is a sense of achievement with being involved with Parents and Friends.

All welcome, including pre-schoolers
Community

News and Events continued…..

Eudunda Robertstown Cricket Club
Registration online is now open
Contact Tim Grosser 0458668659
Sessions commence on Thursday, 5th Nov at the Eudunda Oval 3.30pm

Eudunda Community Preschool Centre
is currently accepting enrolments for Preschool for 2016

If your child has turned four or will, before the 1st of May 2016, they are now eligible to attend transition, ready to start Preschool in 2016.

For further details please contact the Preschool on 88811717

• Early entry conditions are available for 3yo, 4yo and 5yo children and those with significant additional needs. Please contact the Director, Gayle Leith for further details.

Celebrate Halloween with the YAC at the Eudunda Centenary Gardens from 5.30pm

Trick-or-Treat Trail  DJ  Apple Bobbing
Family Friendly Event

Free Entry

Prize for Best Halloween Costume
Food & drinks available for purchase

Enquiries to Ali Webster on 8892 0100

AgServe 2015 Kapunda Junior Tennis Tournament
Sunday 29th November
Singles & Doubles – 10&U, 12&U
Ages as at 1st October 2015
Entries close Sunday 15th November 5pm
For nomination form or queries please contact:
Matt Bishop 0417 773 430 or Sarah Johnson 0407 069 287
kapundatennisclub@gmail.com
ST JOHN’S LUTHERAN SCHOOL, EUDUNDA INC.

Parenting Ideas Insights

Building parent-school partnerships

WORDS Michael Grose

The many faces of independence

Here are 5 ways for parents to give their children skills, encouragement and support in their quest for independence.

It’s been well documented in recent years that children/young people are dependent on adults for longer. In Australia one in four 18-30 year olds still lives at home and those numbers are on the increase. There are many reasons for this including lack of housing, affordability, working and partnering later, and simple convenience.

The propensity for many parents to do too much for children is a massive contributor to increased dependency. Oddly, this is the exact opposite of what parents have always done, which is to develop their children’s independence, and in doing so effectively become redundant from their children.

There are a number of reasons for the current high level of dependency parenting including family shrinkage (parents are able to do a great deal for kids in small families), older parents (often over-concerned), busyness of life (it’s easier to do than delegate) and a heightened fear that the world is a dangerous place for children and young people.

Independence is the point

When independence becomes your priority then suddenly you’ve found a pathway to the development of other positive qualities and traits in your children including the key four – confidence that comes from facing fears; competence that’s built through mastery; creativity that’s encouraged when kids must resolve their own problems; and character that is forged under the duress of challenge and hardship.

Adults are the gatekeepers for children’s independence. And of course, independence takes many guises including:

Self-help skills

The starting point for independence building is giving kids the skills, know-how and confidence to look after their own wellbeing and welfare. This is shown in the many everyday situations where parents model, teach and provide opportunities for children to look after themselves. Including toddlers undressing themselves, primary-aged children preparing their own snacks, and teenagers organising their own transport to school and after school activities. Kids develop real confidence from being able to look after themselves and others.

Autonomy to make choices and mistakes

Without realising it, as parents we frequently make choices on our children’s behalf. We choose the food they eat; the games they play; their leisure activities and often the clothes they wear. When families are large (four or more children) parents usually give their children more space to make their own decisions as well as opportunities to learn from their poor choices.

more on page 2

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

parentingideas.com.au

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... The many faces of independence ...

This may mean that children choose healthy interests and pursuits that parents are unfamiliar with, or even swim against the tide of their parents’ wishes. In small families parents often know so much about minutiae of children’s lives that inevitably we tend to impose greater well-intentioned control over children’s decisions.

1 Freedom to explore the neighbourhood
On a recent trip to Italy I was struck by how much freedom to wander their neighbourhoods Italian children had. It was a throwback to the type of childhood that many of today’s parents experienced, where we had the opportunity to navigate our neighbourhoods on our own without having to check in with our parents all the time.

2 Freedom to explore unpredictable and potentially risky environments
Independence is also built when children spend time in unpredictable, potentially risky environments such as the bush or new environments beyond their neighbourhood. There may be some risk involved but this is where real learning lies for children and young people. Eliminate the risk and you eliminate the learning.

3 Taking responsibility for your own problems and actions
There’s no doubt many kids are adept at shifting their problems and responsibilities to adults. One of my children would always blame me when they were late for school. Even though the child in question had an alarm clock and was more than capable of using it, any lack of punctuality was somehow shifted to me. Go figure! Independence comes when children take ownership of their responsibilities rather than using someone else as a scapegoat.

In order to grant children and young people the type of independence outlined parents need to be brave rather than fearful; work hard to develop the skills and know-how kids’ independence requires; and be willing to give kids the encouragement and support they need to step out of their comfort zones when independence seems to hard.

Michael Grose