Returning Hero

Who will be there to remember, when all has been said and done, in the cold grey dawn of November, with a flag and the sound of a gun? When our heroes return in their coffins to the bugler’s lonesome call; and the wives and mothers are weeping — for they have lost most of all. Did they give their all in battle for a brush with the news-hour fame; for a medal and commendation, of their soon forgotten name? Was there purpose in their fighting or did they die in vain? Were they sent to war for no reason, a pointless cause in the main? When the day comes dawning, and the final result is zero, we will recall the brothers and sons, who were named as returning hero. We will stand and we’ll remember, and salute their forgotten youth; each year, in the dawn of November, as we consider the bitterest truth.

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Submitted by Hayley Schutz
Lately our school has been hit by many nasty bugs where parents, students and staff have felt the effects of illness. It is difficult to look at things with a growth mindset when you are feeling miserable. If you talk to the doctors they will tell you that it has been a particularly busy time for them with many people suffering flu type symptoms and influenza type viruses and infections. We do however know that having a positive approach to life in general can help us to bounce back quicker from illnesses and infections. I ask that you all keep Mr Jason Stewart, our bus driver, maintenance and groundsman in your prayers as he recovers from illness. I would also like to thank all of those members of our school community that jump in and help out when we are short staffed. In particular I would like to thank Mrs Angela Dunstan, Mrs Lisa Pfitzner, Mrs Chelsea Laucke, Mrs Nicole Milde and Mrs Linda Pfitzner for helping to set up and take down our school’s display at the Eudunda show. I would also like to thank Mr and Mrs Meinhardt for their commitment to our Reception/Year One class in preparing them so well to perform at both the Kapunda and Eudunda shows. I would also like to thank Mr Richard Crouch who is helping us out with our bus round this week while Mr Stewart recovers from his illness.

Show Update

We have had a busy few weeks with our school being involved in the opening of both Kapunda and Eudunda shows. Our school choir formally opened the Kapunda show and our Reception/Year One students performed to captive audiences at both Kapunda and Eudunda. We also had amazing displays at both events of our students' work. Thank you to all our parents who helped with organising costumes, setting up and taking down displays and getting students to both events on time and in their correct uniforms or costumes. I would also like to thank our teaching staff, in particular Mrs Denholm and Ms McAuley who set up the Kapunda school display and Mrs Mandy Verco who prepared our Choir so well to sing their hearts out at the Kapunda show. Without a team approach we would not be able to show and share with pride what our students here at St John's are capable of achieving.
From the Principal continued.....

DAS Update

We are in the process of preparing for our review to hopefully become an accredited Dyslexia Aware School. It is great to see so many students engaging in strategies that complement their learning styles and strengths. Our Year Seven Exhibition is a great example of this is through their Central Idea; how people use different ways to express their thoughts feelings and emotions. When you come to see the exhibition you will notice that much of the information inquired into and shared will be in a very visual way that sets out key points and understandings. You may notice surveys, graphs, diagrams, games, photos and hopefully much discussion from the students as they share their journey with you all. Well Done Year Seven students.

SRC Calendars

SRC calendars are still available to order for $8.00 each. Please see Fi or Sonya at the front office if you require an order form.

Middle Primary Assembly

On Friday 20th November 2015 the Year Three and Four students will present their Assembly at 9.00am sharp in the School Hall. All parents are welcome to attend and to stay for a cuppa afterwards.

Parents and Friends AGM

I invite you to attend the Parents and Friends AGM which is being held on Wednesday 18th November 2015 at 10.00am at Footeside Farm. It is important that parents take an active role in their children’s schooling by supporting the Parents and Friends Committee. Attending meetings and events gives parents the opportunity to mix with and meet other families of the school. Please contact the school if you are able to attend the AGM.

Faith Lutheran Challenge

We wish the students the best of luck for their participation in the Faith Lutheran Challenge on Friday. Go team St John’s!

Remembrance Day

I had the privilege of attending the Eudunda Remembrance Day Service today, along with the School Captains Nikki Grosser and Henry Kleinig who placed a wreath on behalf of our school. The students and staff observed a minute of silence at 11.00am to show their respect to those who have served for our Country.

Have a blessed week

Paula Skinner
Central Idea: All animals need to be cared for

Transdisciplinary Theme: Sharing the planet
Concepts: Form ~ Connection ~ Responsibility
Lines of Inquiry:
- Native animals and pets
- The difference between native animals and pets
- Ways of looking after animals

Approaches to Learning: Research Skills
Learner Profile Attributes: Knowledgeable ~ Inquirers
Attitudes: Commitment ~ Respect

As a conclusion to our previous Unit of Inquiry, the Reception, Year Ones and Year Twos, travelled by bus to the Adelaide Zoo. Children were able to explore the zoo with teachers and parents and participate in a learning experience with a Zoo Educational Officer. It was an enjoyable day and children were able to develop a deeper understanding of animals and how they are cared for in a zoo environment. Thank you to all of our helpers.
Staff Spotlight

Dan Ryan

This term we are profiling our school staff to help the members of our community learn a little about them.

My role/s here at St John’s:
Year 5/6 class Teacher, Pedal Prix Coordinator

What I am passionate about:
Inclusion, making maths fun (because it is) and sustainability

Something unique about me:
I have a synthetic ligament in my knee

A childhood memory:
I went to see the last (AFL) State of Origin match at the MCG and saw some of the greats of the AFL play.

Who I would love to invite to a dinner party and why:
Robin Wiliams; he was an interesting and hilarious person.

My favourite children’s movie and why:
The Lion King. I think that its cool the this movie is based on Hamlet by Shakespeare.

Prayer and Care

This week we pray for the following Year Seven students and members of staff

<table>
<thead>
<tr>
<th>Reece McMullen</th>
<th>Sonya Mosey</th>
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</thead>
<tbody>
<tr>
<td>Melanie Nicholls</td>
<td>Fiona Jones</td>
</tr>
<tr>
<td>Jack Mosey</td>
<td>Kate McAuley</td>
</tr>
<tr>
<td>Ruby Schutz</td>
<td>Angela Dunstan</td>
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</tbody>
</table>
Sports News

..... SAPSASA Cricket

Last week three students from St John's represented Barossa and Light in the SAPSASA Cricket State Carnival. Ethan Pfitzner from Year Six and Angus Handke and Jack Mosey from Year Seven. Despite the gloomy weather forecast for last week the boys only missed out on half a days cricket due to the rain. The Barossa & Light team won all games which earned them the right to play in Thursdays Final in which they were narrowly defeated by the Adelaide Hills Team. The boys can all be very proud of their achievements throughout the week.

Ethan Pfitzner

Day 1: Made 10 runs and took 1 wicket and 2 catches.
Day 2: Made 3 runs.
Day 3: Made 15 runs.
Day 4: Made 1 run and didn’t get out and took 1 catch.
I enjoyed batting each day and meeting new people and hearing stories about their cricket.

Angus Handke

Day 1: Made 16 runs and took 1 wicket.
Day 2: Made 0 runs and took 1 wicket.
Day 3: Made 1 run.
Day 4: Made 6 not out and took 2 wickets.
I think SAPSASA was a very good experience for all of us from St John's. We made lots of new friends.

Jack Mosey

Day 1: Made 25 not out and took 1 wicket.
Day 2: Made 32 not out and took 2 wickets.
Day 3: Made 19 not out.
Day 4: Made 29 runs.
I enjoyed SAPSASA because it was another week spent playing my favourite sport and I was able to catch up with a few friends from the Barossa.
From the Year Seven class.....

St John’s Lutheran School, Eudunda

• Year 7 Exhibition 2015

You are invited to join our Year Seven students to celebrate their Primary Years Programme learning journey when groups will share their inquiry into the Central Idea:

“People use different ways to express their thoughts, feelings and emotions”

Where: St John’s Lutheran School Hall
8 Ward Street, Eudunda
When: Thursday 12 November 2015
7.00pm—8.15pm
Parents & Friends

News .....

AGM INFORMATION

The Annual General Meeting of the Parents & Friends of St John’s Lutheran School will be held on Wednesday 18 November 2015 at 10.00am at Footeside Farm (see below for more information).

All welcome - We look forward to seeing you there!

P&F Footeside Farm visit and AGM

Wednesday, 18th November
10am at Footeside Farm
RSVP by Monday, 16th November to Fi or Sonya in the front office

Morning tea $10 – tasting of quality native foods made with wattle seed, quongdong, bush tomato and salt Bush. Linda and Peter Hoffmann (previous parents of St John’s) will share of their products and answer any questions. Linda will wiz up some culinary treats such as wattle seed scones with quongdong jam and cream, wattle seed orange and walnut mini muffins, apricot and wattle seed fruit cake, lemon myrtle cookies or wattle seed choc chip cookies.

Footeside barn (air-conditioned) is used for meetings/conferences, gift shop, tastings, cooking demos and more.

For more information go to www.footesidefarm.com

We invite you to take an active role in your child’s schooling by supporting the happenings of the Parents and Friends of St John’s Lutheran School. There are many opportunities for you to become involved and we welcome all to attend our meetings. All events, whether a formal meeting through to catering at a function give the opportunity to mix and meet with other parents of the school. There is a sense of achievement with being involved with Parents and Friends.

All welcome, including pre-schoolers
KIDS FOR CHRIST

KFC for Term Four is coming up soon. It will be held at Eudunda on Friday 20th November at the St John’s School Hall. The timeframe is 3.15pm onwards, for a 3.30pm start, going until 5.30pm.

We are continuing our “VeggieTales” theme, and this time the veggie characters will be in outer space! This will be a story that appeals to the boys and any kids interested in space adventures.

Bookings and completed consent forms are essential and are required by Thursday 19th November. For bookings and enquiries, please contact KFC Team Leader, Chris Doecke, on 8581 1165, 0488 047861 or chrisdoecke@ipstarmail.com.au.

All children and families are welcome, especially new children. KFC regulars, please invite your friends to share in the fun!

ROBERTSTOWN STRAWBERRY FETE

When: Saturday 21st November
Where: Robertstown Peace Hall
Time: 6.30pm
Tea: Schnitzel, salad and dessert

Come along for an enjoyable fun family night!

Entertainment includes cake and produce stalls, lucky dips and chocolate wheel plus a live band!

For more information call 8581 7122

PIANO TUITION

Piano/keyboard lessons are available at school for children from Reception through to Year Seven. These lessons are for 30 minutes per week during class time, in negotiation with the class teachers. The piano timetable is done on a rotating basis, so children don’t miss the same class each week.

Bookings for the coming year are now required earlier than usual, due to planning reasons. Parents of current students need to indicate whether or not their child is continuing next year. New students are very welcome – of all ages. There aren’t always vacancies available, so future students can be placed on a waiting list for when the child is older, to ensure their place. If you are thinking of having your child start piano, now is the time to arrange this for next year.

The cost in 2016 will be $15 per lesson for Reception to Year Three and $20 for Year Four to Year Seven. Music book costs are additional. Discounts are available for more than one student from the same family.

Please contact piano teacher Mrs Chris Doecke, 8581 1165, 0488 047861 or chrisdoecke@ipstarmail.com.au. Bookings for 2016 are needed by the final week of this term.

Church Times

Sunday 15th November 2015.....
Parenting ideas

INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

Manage like a cat, nurture like a dog

Here’s how to get the mix of firmness and nurturing right when communicating with young people.

When speaking about raising teenagers I make the planned observation that parents should manage like a cat and nurture like a dog’. So what does this mean?

Teenagers need a mix of firmness and nurturance from their parents. Like toddlers many teenagers wear L-plates when it comes to navigating their expanding world. Of course, the world a teenager inhabits is far broader than that of a toddler so the risks are multiplied hundredfold. They still need to be managed, but not necessarily in controlling or confrontational ways.

Due to physiological changes most teens will revert straight to their reptilian brains when they feel threatened or experience angry, aggressive discipline. They will fight you all the way, or escape conflict by going to their rooms or withdrawing into themselves. Better to manage like a cat so they hear your message rather than pick up your vehemence.

Finding your inner cat

We all have some cat and dog in us. It’s just a matter of accessing those parts and bringing them out when we need them. The cat is the credible side we all have, but find difficulty accessing. It is always expressed through non-verbal – that is, your tone of voice, your posture and your head.

A cat speaks with a flat, clipped voice. His or her head is very still and body upright and confident. The quickest way to access your inner cat is to speak with you palms facing the ground. You can try this now. Stand up with both hands in front of you with your palms facing the ground. Now start speaking. You’ll find you’ll naturally speak like a cat – clipped voice, still head and body and more serious expression. This is your credible (and calm) side.

When you speak from your cat side people will usually believe what you have to say, it gives you authority.

Australia’s foreign minister Julie Bishop is a good example of using cat behaviour. Like her or loathe her you can’t deny she has authority. That’s because she accesses the cat side of her nature in public.

You manage a teen like a cat by speaking calmly, quietly and staying still when you speak. Cats will also withdraw eye contact rather than stand and argue so look away or respectfully walk away rather than become involved in argument.

Cats also look for ways to manage visually (look away to indicate not arguing) or kinaesthetically (a touch on the shoulder, move close and whisper) rather than repeating themselves. If they do repeat themselves they are more likely to lower their voice than raise it to get attention. These cat behaviours work well when managing teens.

Using your inner dog

We also have a dog side to our nature. This is the approachable, conversational, relationship-building side. When you access this side you’ll speak with lots of inflection in your voice.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

parentingideas.com.au

© 2015 Michael Grose
... Manage like a cat, nurture like a dog ...

Your head will bob up and down. You’ll probably lean forward as you speak and you’ll smile a lot. The quickest way to access your dog nature is to speak with your palms up. You can try it now. Stand up; put your hands out with your palms up and start speaking. You should notice a big difference in how you deliver your message from when you spoke with palms facing down. If not, alternate speaking with palms up and down until you see a difference.

The dog side of our nature is what many of us feel more comfortable with. If you are in a management position there is a fair chance that you spend more time accessing your cat then your dog. Although effective managers will move seamlessly between the two accessing their dog when networking and relationship-building then finding their cat for negotiations or when making decisions.

Actor Hugh Jackman is an example of a public figure who is dog-like as he usually speaks with lots of cadence in his voice, a big smile and open body language. However, I’ve seen him switch to cat mode in interviews when he talks about something serious. He will invariably speak quietly, calmly and his head will stay very still. We believe him when he speaks. He’s no lightweight. It’s his ability to switch from cat to dog and back again that makes him so charismatic.

Bringing cat and dog to your parenting

From experience I’ve found that effective parents nuance their communication. That is, they alter their style to suit the situation rather than letting their moods dictate their communication styles. This is not necessarily conscious. However do it often enough and switching from cat to dog and back again becomes a habit.

My challenge for you is to bring your cat to the table when you want to manage teenagers and access your dog side when you encourage them, build relationships and listen to them.

Get your cat and dog wrong and you’ll be ineffective. Manage like a dog and you’ll do one of three things:

1. Whine at your kids
2. Use an angry voice
3. Do nothing because you don’t want to offend them.

Build relationships like a cat and you’ll be distant, stiff and unapproachable. Get the mix right and you’ll be able to give your young person exactly what they need. That is, the leadership and safety that cats provide and the nurturance and encouragement that comes naturally to dogs.

So does the cat side or the dog side come more naturally to you? Think about it. When you discover what you default to then you need to be aware of two things. First, you will need to work a little harder to access the other side. Second, make sure you don’t rely on one side of your nature to do the work in your communications with your young people. If you do then you will more than likely either manage or nurture well but rarely do both well. However get the mix right and your parenting (or leading of any group of people) and you’ll have discovered the key to charismatic parenting and leadership.

‘Manage like a cat, nurture like a dog.’
Who would have thought it’s that simple!